

THROWBACK

Choreographed by Guillaume Richard

Description: 32 count, 2 wall, Smooth (wcs)

Level: Novice

Music: 'Throwback' by The Swon Brothers (95bpm)

Official UCWDC competition dance description

Date of usage 14 April 2016

Updated Feb 2016 – count 3

1-8 : Walk x2, Out Out & Cross, Side Rock, Weave with ¼ turn

1-2 Step R forward, Step L forward

3&4 Step R to R, Step L to L, Step R next to L, Cross L over R

5-6 Step R to R, Recover on L

7&8 Cross R behind L, Stepping L forward with ¼ turn left, Step R forward (9:00)

9-16 : Walk x2, Mambo, Coaster Step, ½ Turn, Step Lock Step

1-2 Step L forward, Step R forward

3& Step L forward, Recover on R

4&5-6 Step L backward, Step R next to L, Step L forward, ½ turn R (weight on R) (face 3:00)

7&8 Step L forward, Cross R behind L, Step L forward

17-24 : Dorothy Step – Triple Step – Heel Grind with ¼ turn – Back Heel Twist x2

1-2& Step R forward in diagonal, Cross L behind R, Step R forward in diagonal

3&4 Step L to L, Step R on place, Step L on place

5-6 Heel Grind with R (from L to R), Step L backward with ¼ turn R (face 6:00)

7-8 Step R backward and grind L heel, Step L backward and grind R heel

25-32 : Coaster Cross, Mambo Cross, Sweep Cross, Anchor Step

1&2 Step R backward, Step L next to R, Cross R over L

3&4 Step L to L, Recover on R, Cross L over R

5-6 Sweep R from the back to the front, Cross R over L

7&8 Cross L behind R, Step R on place, Step L slightly back

Restart :

At the 3rd wall, do the 14 first counts and replace counts 15-16 by :

7-8 : Step L to L with ¼ turn R – Drag R next to L

And start again the dance.

At the 7th wall, do the first 6 counts and replace counts 7&8 by :

7&8 : Cross R behind L – Step L to L – Scuff R forward

And start again the dance