

# Lost Without Cha

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Gaye Teather (UK) - March 2019

Musique: Missing You by Wade Bowen (119 bpm.) CD: If We Ever Make It Home



Track available from iTunes, Amazon etc

#32 count intro

## Weave Left. Cross rock. Chasse quarter turn Right

1 – 2 Cross Right over Left. Step Left to Left side  
3 – 4 Cross Right behind Left. Step Left to Left side  
5 – 6 Cross rock Right over Left. Recover onto Left  
7&8 Step Right to Right side. Step Left beside Right. 1/4 turn Right stepping forward on Right (3 o'clock)

\*Restart: At the end of wall 3 you will be facing 9 o'clock.

Dance counts 1 – 6 of the above section then step quarter turn Right to face front (7). Step Left beside Right (8) and restart from beginning

## Step forward. Kick. Step back. Touch. Step. Lock. Step-Lock-Step

1 – 2 Step forward on Left. Kick Right foot forward  
3 – 4 Step back on Right. Touch Left toe back  
5 – 6 Step forward on Left. Lock Right behind Left  
**Option: Dip knees slightly on lock (count 6)**  
7&8 Step forward on Left. Lock Right behind Left. Step forward on Left

## Step. Pivot half turn Left. Shuffle forward. Step. Pivot half turn Right. Shuffle forward

1 – 2 Step forward on Right. Pivot half turn Left  
3&4 Step forward on Right. Step Left beside Right. Step forward on Right  
5 – 6 Step forward on Left. Pivot half turn Right (3 o'clock)  
7&8 Step forward on Left. Step Right beside Left. Step forward on Left

## Right kick-ball-change (X2). Cross rock. Side rock

1&2 Kick Right foot forward. Step Right beside Left. Step Left in place  
3&4 Kick Right foot forward. Step Right beside Left. Step Left in place  
5 – 6 Cross rock Right over Left. Recover onto Left.  
7 - 8 Rock Right to Right side. Recover onto Left

Start again