

# Cowgirls

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**Choregraphie par :** French Cowgirls (Séverine Fillion – Chrystel Durand – Texasval)

**Description :** 56 temps, 2 murs, Intermediaire, Novembre 2017

**Musique :** « I Wanna Be A Farmer » by Sunny Cowgirls



**Intro : 32 counts**

## **[1-8] TRIPLE RIGHT SIDE, SAILOR STEP, SAILOR STEP, TOUCH, 1/4 TURN AND KICK**

- 1&2 Triple step right – left – right to the right side
- 3&4 Left cross behind right, right to right, left to left
- 5&6 Right cross behind left, left to left, right to right
- 7-8 Touch left next to right, Turn 1/4 left with left Kick fwd 9 :00

## **[9-16] COASTER STEP, TRIPLE FORWARD, KICK BALL TOUCH, HEEL FAN**

- 1&2 Left step back, right next to left, left step fwd
- 3&4 Triple step right – left – right fwd
- 5&6 Kick left fwd, left next to right, touch right toe fwd (keep right knee bend)
- &7&8 Swivel right heel to the right, recover right heel to center (x 2)

## **[17-24] TRIPLE RIGHT SIDE, 1/4 TRIPLE LEFT SIDE, 1/4 TRIPLE RIGHT SIDE, 1/4 TRIPLE LEFT SIDE**

- 1&2 Triple step right – left – right to the right side 9 :00
- 3&4 1/4 Turn left and Triple step left – right – left to left side 6 :00
- 5&6 1/4 Turn left and Triple step right – left – right to right side 3 :00
- 7&8 1/4 Turn left and Triple step left – right – left to left side 12 :00

## **[25-32] ROCK FWD, TRIPLE FULL TURN, ROCK FWD, TRIPLE 1/2 TURN**

- 1-2 Rock fwd on right, recover on left
- 3&4 Triple step right – left – right in place full turning right 12 :00
- 5-6 Rock fwd on left, recover on right
- 7&8 1/4 T left stepping left to left, right next to left, 1/4 T left stepping left fwd 6 :00

## **[33-40] ROCK FWD, HEEL SWITCHES, ROCK FWD, COASTER STEP**

- 1-2 Rock fwd on right, recover on left
- &3 Right next to left, left heel fwd
- &4 Recover on left, right heel fwd
- & Recover on right next to left
- 5-6 Rock fwd on left, recover on right
- 7&8 Left step back, right next to left, left step fwd

**[41-48] 1/4 TURN & SIDE, TOUCH, KICK BALL CROSS x 2, SIDE POINT SWITCH**

- 1-2            1/4 turn left with large right side step, Touch left next to right 3 :00
- 3&4           Kick left, left ball next to right, right cross over left
- 5&6           Kick left, left ball next to right, right cross over left
- 7&8           Touch left toe to left side, recover on left, Touch right toe to right side

**[49-56] CROSS ROCK, TOGETHER, CROSS ROCK, TOGETHER, HEEL GRIND 1/4 T, ROCK BACK**

- 1-2&           Cross Rock right over left, recover on left, right next to left (&)
- 3-4&           Cross Rock left over right, recover on right, left next to right (&)
- 5-6           Grind right heel on the floor and swivel right toe to the right 1/4 turning right 6 :00
- 7-8           Rock back on right, recover on left

TAG : At the end of walls 1 & 3 (facing 6 :00), do this 8 counts before starting the dance at the beginning

At the end of wall 5 (facing 6 :00), do 3 times this Tag before starting the dance at the beginning

**[1-8] STOMP, HOLD, STOMP, HOLD, JAZZ BOX CROSS**

- 1-2           Stomp right, Hold
- 3-4           Stomp left, Hold
- 5-6-7-8      Right cross over left, left step back, right to right, left cross over right

**FINAL : Make a Triple full turn left on counts 7&8 on 4th section (instead of triple 1/2 turn)**

**HAVE FUN !**

(460)